

**Nich Pertuit, Ph.D.**

**CURRICULUM VITAE**

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## Education

### **Doctor of Philosophy (PhD), Texas Tech University, Lubbock, TX**

Field of Study: Curriculum and Instruction; emphasis in Health, Exercise, & Sport Science

Area of Specialization: Motivational Theories in Physical Activity

Dissertation Title: “*High-school Athletes’ Implicit Theories of Ability Generalize Across Sports and Academic Domains*”

GPA: 4.0

### **Master of Science (MS), University of the Incarnate Word, San Antonio, TX**

Field of Study: Kinesiology

Area of Specialization: Sports Periodization; Strength and Conditioning

Thesis Practicum: Curriculum design of NCAA DII training for entire athletics program

GPA: 4.0

### **Bachelor of Science (BS), University of the Incarnate Word, San Antonio, TX**

Major: Physical Education      Minor: Mathematics; Philosophy

Concentration: Exercise Science

GPA: 3.92

### **Valedictorian, Billings Senior High School, Billings, MT**

GPA: 4.0

SAT: 1400

ACT: 30

All-American High School Soccer Player

## Professional Experience

January 2014 – present

**Assistant Professor**, Dept. of Health and Human Performance, *Rocky Mountain College*; Billings, MT. Head of Internships and Coordinator of Community Engagement Health Initiatives and Development. “Teacher of the Year” award voted by students, 2015-16.

August 2013 – January 2018

**Director of Elite Sports Specific Training**, *Granite Health and Fitness*; Head of all Sports Performance: youth through college; Community Outreach director: working with students in grades K-12 to promote physical activity; Billings, MT

August 2013 – May 2018

**Adjunct Professor, and Head Strength & Conditioning Coach**, Dept. of Health and Human Performance, *Montana State University- Billings*; Health Behavior Theories, all CHTH Classes; Billings, MT

August 2011 – present

**Assistant Professor**, Tenure-track faculty, Dept. of Kinesiology, *University of Texas of the Permian Basin*; switched to **Adjunct** and all Online learning in Fall 2012; received first year promotion in April 2012; Odessa, TX

## Curriculum Vitae – Nich C Pertuit

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- August 2011 – December 2014      *Professional Academic and Athletics Consultant*, NCAA DI, DII, and DIII universities, including **Stanford University**, the **University of North Carolina-Charlotte**, and the **University of Dayton**
- April 2011 – August 2015      *Professional Football*: Four **NFL Camps**; **Arena Football League**: **San Jose Sabercats**; Special Teams MVP as a Kicker; San Jose, CA
- August 2007 – April 2011      *Math Curriculum Director, Teacher and Coach*, Created and implemented curriculum and instruction for high school math programs, and for Strength & Conditioning, Head Boys Soccer Coach, Abilene, TX
- August 2008 – December 2010      *Graduate Research Assistant* as PhD student for Curriculum and Instruction within the Health, Exercise and Sports Science (HESS) and Education Departments, *Texas Tech University*; Lubbock, TX
- August 2005 – August 2007      *Head Strength and Conditioning Coach* - NCAA Div. II university; Strength and conditioning training for all sports programs, Designed student-athlete retention and academic counseling programs; *University of the Incarnate Word*, San Antonio, TX
- August 2006 – May 2007      Math Teacher, Soccer Coach and Strength Coach, In charge of Algebra 1 curriculum design, *O'Connor High School*, San Antonio, TX
- September 2005 – August 2006      Performance Coach, *Velocity Sports Performance*, San Antonio, TX

**University Teaching Experience**

**Courses Taught**

CHLD 3310	Motor Development for Children’s Education majors
CHTH 317	Health Behavior Theories
CHTH 410	Higher Level Wellness
CHTH 450	Worksite Health Promotion
EDC 341	MM: Teaching Elementary Health
EDC 342	MM: Teaching Elementary Physical Education
EDUC 4334	Theory/Practice of Secondary Education
EDUC 4333	Theory/Practice of Elementary Education
HHP 210	Health & Wellness
HHP 245	Introduction to Sports Management
HHP 315	Motor Development & Learning
HHP 424	Contemporary and Ethical Issues in Sport
HHP 441	Measurements & Evaluation in Health Enhancement & Exercise Science
HHP 450	Health and Human Performance Internships
HHP 499	Independent Study of Exercise Science
HTH 201	Health Issues for Educators
KINE 4365	Concepts & Application in Strength and Conditioning
KINE 4310	Sports Skills Analysis
KINE 4300	Tests & Measurements in Health & Human Performance
KINE 3332	Diversity for Learners: Motivational Theories
KINE 3310	Motor Development
KINE 1109	Adventure Education
KINE 6398	Master’s Thesis/Project in Kinesiology
PEH 210	Health and Wellness

**University and Professional Service and Development**

**Service to Profession**

2015 – present	Abundant Health Services initiative. Health Leads partnership and advocate. First to bring a social initiative aimed at prescribing basic needs as part of the medical approach to health care to this region of Montana.
2005 – present	National Strength and Conditioning Association certified strength coach and contributor to NSCA
2009 – present	Consultant to university athletic programs for athletic and academic success (6 years experience working with Athletic Directors and Head Coaches).
2011– 2012	Technology coordinator for educational uses for School of Arts & Sciences and School of Education
2011 – 2012	Graduate faculty; Master’s thesis and project chair

**University, College or School, and Departmental Committees**

2015 – Present	School Health Advisory Committee
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2015 – Present	RMC Community Council
2016 – Present	Assessment Committee
2014 – Present	Pre-Health Care Advisory Committee
2015 – Present	Spirit Club: Faculty representative
2011 – 2012	Undergraduate Research Committee
2011 – 2012	Master’s Thesis Committee member in Exercise Science and other departments (10 Master’s Thesis defenses total)
2005 – 2007	President, Strength and Conditioning Club

### **Grant Funding**

Human Performance Enhancement Grant (Bair Family). \$25K. Awarded May, 2016.

University of Texas Permian Basin internal Research Grant. \$10K. Awarded February, 2012.

### **Presentations and Papers**

“The Hardware and Software of a Complete Player.” Midwest Elite Basketball article. December 12, 2016. <https://midwestelitebasketball.com/articles/hardware-vs-software/>

“Motivation and Managing Behavior.” Keynote speech for Northern Cheyenne Tribal Schools faculty and staff. Busby, MT: December 3, 2016.

“The Six Dimensions of Performance.” Billings School District 2 Student Athlete Advisory Council. Presentation given to athletic directors of all high schools in SD2, as well as to 27 student-athletes, as part of a civic engagement initiative to interact with local high schools in both academics and athletics. Rocky Mountain College Great Hall; November 30, 2016.

“Principles of Sports Performance Training in Modern Athletics.” AMP Sports Medicine Clinic. Fortin Auditorium. Rocky Mountain College. Billings, MT: October 20, 2016 and also at NSCA sanctioned presentation to trainers and sports medicine professionals. Mansfield Education Center; Billings, MT: August 10, 2016.

“Abundant Health Services Initiative.” Billings Community Council. Rocky Mountain College. April 2016.

“Bridging the Gap of Community Resources and the Community: a student driven health initiative.” RiverStone Health: Yellowstone County Health Department. Billings, MT: November 13, 2015.

“Motivating Athletes Through Injury.” AMP Sports Medicine Clinic. Fortin Auditorium. Rocky Mountain College. Billings, MT: October 15, 2015.

“The Future of Health and Human Performance.” Billings Community Health Forum. Rocky Mountain College. Billings, MT: October 8, 2015.

“Student Led Health Partnerships.” RiverStone Health: Yellowstone County Health Department. Billings, MT: October 2, 2015.

“The science behind ‘Better Soccer.’” Montana State University- Billings. Health and Human Performance Building. September 15, 2015.

“Functional Training.” NSCA sanctioned presentation to trainers and sports medicine professionals. Mansfield Education Center; Billings, MT: August 12, 2015.

“Nutrition in Sports.” University Athletic Department presentation. Montana State University-Billings. Billings, MT: January 2015; August 2014; September 2015.

“The Psychology of Health Behaviors.” AMP Sports Medicine Conference presentation. Mansfield Education Center; Billings, MT: July 2014.

“Performance Training for Soccer.” University men’s soccer team presentation. Stanford University. Palo Alto, CA: April 2014.

“Optimal Performance in Soccer: Training & Nutrition.” University men’s and women’s soccer team presentations. University of North Carolina-Charlotte. Charlotte, NC: April 2013 & March 2012.

### **Consulting and Other Off-Campus Service**

2015 – present ***School Health Advisory Committee*** for Billings public school district

2015 – present ***Healthy By Design*** coalition member. Community health.  
[www.healthybydesignyellowstone.org](http://www.healthybydesignyellowstone.org)

2015 – present Founder of Community Health Initiatives: ***Student led community health partnerships***. Alliance with RiverStone Health.

2007 – present ***Strength and Conditioning Consultant***

- Montana State University- Billings
- University of North Carolina-Charlotte Men’s Soccer, Charlotte, NC
- Stanford University Men’s Soccer, Stanford, CA
- University of Dayton Men’s Soccer, Dayton, OH
- University of New Mexico Men’s Soccer, Albuquerque, NM
- St. Edward’s University Women’s Soccer, Austin, TX

- 2015 – present Co-founder of *Rocky Mountain Yellowstone Plant Pure Nation* pod.
- Providing resources, information, and workshops for plant based diets
- 2011 – 2013 **GPSports consultant and affiliate**
- Only US affiliate working with professional and collegiate soccer teams
- 2005 – 2007 **Strength and Conditioning Coach**, University of the Incarnate Word
- NCAA DII: Men's/Women's Soccer, Men's/Women's Tennis, Women's Basketball, Synchronized Swimming, Track & Field, Softball
  - Created and implemented off-season and in-season strength training and conditioning workouts
- 2005 – 2006 **Assistant Coach**, University of the Incarnate Word Men's Soccer Team
- Strength & Conditioning, Midfileder Training
- 2002 – 2011 **Coach and Assistant Director**, Summer soccer camps
- Texas, Montana, Colorado, Washington, and Wyoming

### Technical Experience

**Professional Sports Tracking:** GPSports SPI Pro X

**Motion Analysis:** GPSports SPI IQ, Vicon Motion Capture, Dartfish Video Analysis, V1 Golf for Ipad2 and Galaxy Tab.

**Kinetics:** AMTI force plates

**Body Composition:** BodPod

**Lifetime Fitness:** Polar Heart Rate Monitors, Garmin and Nike GPS watches, HEARTracker

**Educational Software:** SmartTech (Notebook, clickers, all software), SmartBoards, Promethean Boards, Microsoft Office 2011 (all programs)

**Statistics:** SPSS, MPlus (for SEM), Excel

### Professional Memberships

National Strength and Conditioning Association (NSCA)

American College of Sports Medicine (ACSM)

American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD)

National Football League Player's Association (NFL-PA)